

ARAFAT RESTAURANT

AUTHENTIC SWAHILI · SOMALI · ARAB CUISINE

Livingstone & Udowe Street, Dar es Salaam, Tanzania · +255 740 111 490 · Open daily · 07:00 – 00:00

Breakfast

KIFUNGUA KINYWA

BREAKFAST

Ful Mudamas (Stewed Fava Beans)	8,000
Liver / Kibda (Maini)	9,000
Maharage (Stewed Beans)	3,000
Soup Plain Mchuzi Wazi	2,000
Mixed Vegetables Mboga Mchanganyiko	5,000
Njegere (Green Peas Curry)	3,000
 Shakshuka / Omelet (Spiced Eggs)	4,000
Soup Kuku Kienyeji Local Chicken Soup	10,000
Soup Samaki (Fish Soup)	18,000
 Spanish Omelet Omelet ya Kihispania	4,000
Spesso / Soup Mbuji (Goat Soup)	12,000
 Plain Omelet / Poached Omelet Wazi	2,500

SIDES & SNACKS

 Chapati	1,000
 Chapati Maji (Thin Crepe)	1,000
 Chips (Fries)	4,000
 Egg (1) Erai / Yai Moja	1,000
 Egg Chop	2,000
 Kacholi	1,000
 Eshi (Traditional Flatbread)	1,500
 Half Cake	2,000
Humus (Chickpea Dip)	5,000
 Kebab	2,000

	Mandazi (Swahili Doughnut)	1,000
	Mkate wa Mchele (Rice Bread)	2,000
	Nan / Rashush (Yemeni Flatbread)	2,000
	Njegere Side (Portion of Green Peas)	3,000
	Samosa (Sambusa)	1,000
	Pancake	1,000
	Vitumbua (Rice Cakes)	1,000

Lunch (Swahili)

CHAKULA CHA NYUMBANI

FISH / SAMAKI

	Changu (Snapper) Fried / Grilled	from 17,000
Alone 17,000 · + Rice / Wali 20,000 · + Pilau / Biryani 23,000 · + Mandi / Veg Rice 23,000		
	Kingfish	from 17,000
Alone 17,000 · + Rice / Wali 20,000 · + Pilau / Biryani 23,000 · + Mandi / Veg Rice 23,000		
	Sato (Tilapia)	from 18,000
Alone 18,000 · + Rice / Wali 21,000 · + Pilau / Biryani 24,000 · + Mandi / Veg Rice 24,000		
	Dagaa (Sardines)	from 6,000
Alone 6,000 · + Rice / Wali 8,000 · + Pilau / Biryani 11,000 · + Mandi / Veg Rice 13,000		

CHICKEN / KUKU

	Chicken 1/2 Sekela / Lemon / Shawaya	from 10,000
Alone 10,000 · + Rice / Wali 14,000 · + Pilau / Biryani / Mandi / Veg Rice 15,000		
	Chicken Makange (Stir-Fry)	from 10,000
Alone 10,000 · + Rice / Wali 14,000 · + Pilau / Biryani / Mandi / Veg Rice 15,000		
	Chicken (Kienyeji)	from 10,000
Alone 10,000 · + Rice / Wali 14,000 · + Pilau / Biryani / Mandi / Veg Rice 16,000		
	Chicken Roast 1/4	from 7,000
Alone 7,000 · + Rice / Wali 10,000 · + Pilau / Biryani 12,000 (Mandi/Veg: N/A)		
	Chicken Curry	from 3,000
Alone 10,000 · + Rice / Wali 14,000 · + Pilau / Biryani 16,000 · + Ugali 3,000 (Mandi/Veg: N/A)		
	Chicken Firigisi ya Kuku	from 8,000
Alone 8,000 · + Rice / Wali 12,000 · + Pilau / Biryani 14,000 · + Ugali 11,000 (Mandi/Veg: N/A)		

MEAT / NYAMA



Mbuzi (Goat) / Plain Goat

from 12,000

Alone **12,000** · + Rice / Wali **15,000** · + Pilau / Biryani / Mandi / Veg Rice **18,000**



Kondoo (Sheep)

from 12,000

Alone **12,000** · + Rice / Wali **15,000** · + Pilau / Biryani / Mandi / Veg Rice **18,000**



Ng'ombe (Beef)

from 10,000

Alone **10,000** · + Rice / Wali **13,000** · + Pilau / Biryani **15,000** · + Mandi **18,000** (Veg: N/A)

SWAHILI SIDES & EXTRAS

Ugali

3,000



Chips

3,000



Chips Mayai

5,000



Chips Masala

5,000



Banana Roast

5,000



Roast Banana

5,000



Aubergine

5,000



Mash Potato

5,000



Coconut Banana (Mzuzu Nazi)

5,000

MORE FROM OUR KITCHEN — LUNCH (SWAHILI)



Lunch (International)

FAVOURITES FROM AROUND THE WORLD

CALAMARI



Calamari

from 15,000

Alone **15,000** · + Rice / Wali **18,000** · + Pilau / Biryani **19,000** · + Mandi / Veg Rice **24,000**

BARBEQUE & GRILL / CHOMA



Kebab (Beef – 1pc), Mishkaki Beef (2pcs)

from 4,000

Kebab / Mishkaki Beef **4,000** · Mishkaki Kuku (2pcs) **5,000**



Shawarma

from 6,000

Small **6,000** · Large / Cheese Small **8,000** · Cheese Large **10,000**



Keftah, Chicken Tauk, Nyama Choma (Beef), Roast Chicken (Shawaya)

from 10,000

1/2 10,000 · Whole 20,000



Lamb Chops

17,000



★ **Mixed Platter**

25,000

FRIES / CHIPS COMBINATIONS



Chips Plain

from 3,000

Chips Plain 3,000 · Chips Masala, Chips Mayai 5,000 · Chips Kuku 1/4 8,000



Chips Shawaya 1/2, Chips Kuku 1/2

from 13,000

Chips Shawaya 1/2, Chips Kuku 1/2 13,000 · Chips Kingfish, Chips Changu 21,000 · Chips Sato 21,000

Chips Shawaya Full, Chips Kuku Full

23,000

PIZZA AND BURGER

All Pizzas (Margherita, Beef, Chicken, Vegetable, Hawaii)

from 16,000

Medium 16,000 · Large 20,000 · X-Large 23,000



Burger

—

INTERNATIONAL SIDES & PASTA



Macaroni

5,000



Macaroni Cheese

8,000



Pasta Saldato

10,000



Roast Sausage (Chicken/Beef)

8,000



Mash Potato

5,000



Steak

—



Chicken Strips and Chapati

—

ARABIAN CUISINE

Humus (Chickpea Puree Dip)

5,000



Fasulia Ratab (Stewed White Beans)

6,000



Shakshuka (Eggs Poached in Spicy Tomato Sauce)

6,000

Fata Mous (Layered Pastry with Banana & Honey)

7,000



Fasulimalbaid (White Beans with Fried Eggs)

8,000

Ful Mudamas (Stewed Fava Beans)

8,000



Lahasa (Scrambled Eggs with Cheese & Spices)

8,000

Faulituna (Fava Beans with Tuna)	9,000
 Kibdah (Liver) (Sautéed Beef/Lamb Liver)	9,000
Masoub / Malaki (Sweet Banana & Bread Mash)	10,000
Laham Suqaar (Goat) (Sautéed Cubed Goat Meat)	14,000
★ Haniid (Goat) (Slow-Roasted Tender Goat Meat)	20,000
 ★ Meat & Rice Mix (Traditional Somali Rice with Stewed Meat)	20,000

MORE FROM OUR KITCHEN — LUNCH (INTERNATIONAL)



Platter Sets

KISINIA

	Kisania No. 1 Mandi Mbuzi • Shawarma (S) • Pilau • Chips • Pasta	35,000
	Kisania No. 2 Pilau • Shawaya Full / Sekela • Biriani • Shawarma (S) • Mandi Mbuzi • Pasta	55,000
	Kisania No. 3 Mandi Mbuzi • Mandi Kuku • Shawarma (B) • Chips • Chips Yai • Samaki • Samosa (4)	70,000
	Kisania No. 4 Pilau Mbuzi • Mandi Mbuzi • Mandi Kuku • Calamari • Wali • Samaki • Chips Yai • Shawarma (B & S) • Samosa (5) • Shawaya 1/2 • Ndizi (4)	118,000

Drinks & Desserts

VINYWAJI NA DESSERTS

JUICES / JUISI

Orange Mango Watermelon Passion Pineapple Avocado Lemon	5,000
Mixed Juice Lemon Mint	6,000

SMOOTHIES

Avocado Banana Mango Passion-Avocado Strawberry-Banana Special Tropical / Mix	10,000
---	--------

MOJITOS & MOCKTAILS

Passion Watermelon Pineapple Lemonade Virgin Colada	6,000
Classic Mojito Strawberry Mojito Blue Ice Mojito	7,000

DESSERTS & ICE CREAM

Ice Cream Cup (Small / Cone)

Small / Cone **3,000** · Big Cup **5,000** (+ Topping: 7,000)

from 3,000



Sundae / Mixed Fruit Salad

6,000



Fruit Salad with Nuts

7,000

Banana Boat

10,000



Fruit Salad with Ice Cream

9,000

MILKSHAKES & CAKES / KEKI



All Shakes (Vanilla, Strawberry, Oreo, Nutella, Tende/Dates, Chocolate, Caramel, Coffee, Banana)

10,000

Cakes (Slice) (Black Forest, Red Velvet, Biscuit, Ice Cream, Chocolate)

Cakes (Slice) **7,000** · Cheese Cake **8,000**

from 7,000

HOT COFFEE / KAHAWA YA MOTO

Single Espresso

3,000

Double Espresso

4,000

Black Coffee, Americano, Macchiato, Flat White, Cappuccino

4,000

Café Latte, Affogato, Mochaccino, Hot Chocolate, Mocha

5,000

Caramel Macchiato

6,000

TEA / CHAI

Black Tea

1,000

Lemon Tea

1,500

Milk Tea, Lemon Mint, Shahi Adani

2,000

Karak Tea, Ginger Tea, Shahi Dawa

2,500

Turmeric Tea

3,000

Ice Tea

5,000

ICED COFFEE & FRAPPE / KAHAWA YA BARIDI

Iced Americano

4,000

Iced Mocha

5,000

Iced Cappuccino, Iced Latte

6,000

Iced Caramel Macchiato

8,000

All Frappes (Mocha, Caramel, Strawberry, Vanilla)

5,000

MORE FROM OUR KITCHEN — DRINKS & DESSERTS



All prices are in Tanzanian Shillings (TSh). Prices and availability may change — please ask our team for today's specials.